

A group of young dancers in black leotards and pink tutus posing in a dance studio. The background shows a blue wall and a mirror.

LEVELED PROGRAM

Season Sixty

The Maranatha Staff is dedicated to helping every student grow and thrive in their dance journey. This past season has been filled with incredible progress and community, and we're so proud of our dancers' attitudes and accomplishments.

As we enter our 60th season, it's time to ELEVATE!

Committed to always growing and strengthening our program, we're thrilled to announce that we will begin implementing a refreshed ballet curriculum for our levels 1-3 and enhanced training goals for our upper levels. As part of this exciting new chapter, class titles may look a little different this year—especially in our upper levels—as we prepare for what's ahead.

Throughout the 2025–2026 season, these new level objectives and a refined evaluation process will be gradually introduced. This shift allows us to more holistically assess each dancer—not just by technical skill and artistry, but also by maturity, work ethic, and class contribution—ensuring they're placed in an environment where they can thrive.

As dancers advance, their training must evolve with them. Elevating your level means elevating your engagement. Increased time in class is essential for building strength, refining technique, and unlocking artistry. That's why we're introducing ELEVATE Workshops—a new opportunity for leveled dancers to deepen their development and move confidently toward their goals.

- **ELEVATE Ballet Workshop-** This 2 hour and 45 minute bi-weekly workshop will be required for Advanced Ballet and is open to Intermediate/Advanced Ballet students as space allows.
- **ELEVATE Hip Hop Bootcamp-** This 1 hour bi-weekly workshop will be required for MCrew dancers and open to any leveled Hip Hop or Int/Adv+ dancer eager to challenge themselves to go deeper with the styles of hip hop.

Whether your dancer is on a recreational or pre-professional track, focused, consistent training is the key to growth—and we're excited to partner with you on this adventure!

If you have any questions about placements, progress, or what's ahead, we're here to help. Thank you for your continued trust and support!

Class placements and recommendations for the 2025–2026 season will be available in your account portal beginning May 2, 2025.

We can't wait for all that's ahead!

LEVELED PROGRAM

what to expect

Our Leveled Program is built on a foundation of ballet training. As dancers move up through the levels, the commitment builds, consistent attendance becomes more critical, and the class requirements increase. Dancers benefit from these incremental changes, and it's so rewarding to see their growth and development through the stages!

Eager for more performance opportunities?
All Leveled & Teen dancers are eligible to audition for Momentum Company & MCREW! (see page 4)

Hip Hop, Acro and Theater are great additions to a well-rounded program at any level!

Additional classes may include Acro, Hip Hop, Theater and more!

Additional genres
30-45 min
1x week

Ballet
30-45 min
1x week

**Children's/
Teen Classes**

Ballet is the foundation of the leveled program.

Jazz and Lyrical are highly recommended! Mix and Match other styles for a well-rounded schedule.

Additional classes may include Acro, Hip Hop, Theater and more!

Jazz &/or Lyrical
45 min
1-2x week

Ballet*
45-60 min
1-2x week

Level 1-3

Dancers in Int/ Adv add a required Conditioning class to build strength and flexibility. They are also invited to participate in our Elevate Ballet Workshops!

Additional classes may include Acro, Hip Hop, Theater, and Pre-Pointe.

Jazz &/or Lyrical
45 min
1-2x week

Conditioning*
45 min
1x week

Ballet*
60 min
2x week

Int/Adv

Additional classes may include Acro, Hip Hop, Theater, & Pointe.**

Jazz & Lyrical
45 min
1-2x week

ELEVATE Ballet Workshop*
2.5 hours
2x month

Conditioning*
45 min
1x week

Ballet*
75 min
2-3x week

Adv

*indicates required class.

** Jazz & or Lyrical is also required when participating in Momentum Company.

**Hip Hop is required when participating in MCrew and MCrew JV.

**Pointe is by teacher placement only.

CLASS DESCRIPTIONS

& Dress Code

Ballet

Ballet is the cornerstone of all dance training, developing strength, flexibility, coordination, and grace. With a focus on classical technique, musicality, and discipline, this class provides dancers with the solid foundation they need to excel in all styles of dance.

Dress Code for Leveled Ballet: Girls- black leotard, pink tights, ballet skirt, pink ballet shoes, hair in slick tidy bun, no jewelry.

Boys- black or white t-shirt, black athletic shorts, white socks, black ballet shoes.

Jazz*

Jazz is an energetic and expressive style that blends sharp technique with bold personality! Set to upbeat music, dancers will build flexibility, coordination, and stage presence through exciting combinations that bring confidence and impact to every move.

Dress Code for Leveled Jazz: leotard, tights, jazz shoes (tan or black may be required for recital), form fitting shirts or shorts may be worn over leotard, hair in slick tidy bun or twist, no jewelry. Boys- t-shirt, athletic shorts, jazz shoes.

Lyrical/Contemporary*

Lyrical & Contemporary combine the strength of ballet with the freedom of expressive movement. Dancers will learn to tell powerful stories through emotion-driven choreography, fluid transitions, and dynamic floorwork that connect heart and technique.

Dress Code for Leveled Lyrical/Contemporary: leotard, tights, jazz shoes or turners may be used in class for level 1-3 (turners will be required for recital for level 1-3), Apollo Shocks with grip or BlochSox are recommended for Int and Adv (barefoot will be required for recital for Int and Adv), form fitting shirts or shorts may be worn over leotard, hair in slick tidy bun or twist, no jewelry.

Hip Hop

Hip Hop is a fun, fast-paced class that exhibits strength and fierce energy! With a focus on musicality, rhythm, improvisation, and personal style, dancers will gain confidence while learning fresh choreography and freestyle skills.

Dress Code for Leveled Hip Hop: Girls- leotard, t-shirt, sweatpants or leggings, clean-soled sneakers (specific color will be required for recital), no midribs, no shorts, hair pulled back, no jewelry. Boys- t-shirt, athletic pants, clean-soled sneakers (see above), no shorts.

Musical Theater Dance

Musical Theater lets dancers step into the spotlight with high-energy choreography inspired by Broadway's best! This class teaches performance skills, character work, and storytelling through movement—perfect for all who love to sing, act, and dance.

Dress Code for Leveled Musical Theater Dance: Same as Jazz

Conditioning

Conditioning is designed to build the strength, flexibility, balance, and endurance dancers need to perform at their best. Through targeted exercises, cross-training techniques, and injury-prevention strategies, this class helps dancers improve technique, enhance performance, and support long-term growth in all styles of dance.

Dress Code for Conditioning: Same as Jazz

Acro Dance*

Acro Dance combines the grace of dance with the strength and agility of floor-based gymnastics. Dancers will develop core acro skills such as handstands, cartwheels, walkovers, aerials, etc, all taught with a strong emphasis on safety, technique, and control.

With seamless transitions between tricks and choreography, this class builds stage-ready performance skills.

Dress Code for Leveled Acro: any color leotard, shorts or leggings, hair pulled back, no shoes, socks, or jewelry.

Boys- t-shirt, athletic shorts, no shoes.

**Ballet is a required class for leveled jazz, lyrical/contemporary, & acro dance..*

MOMENTUM & MCREW

Join the Fun!

**Join our Performance Companies
Momentum & MCREW
and get in on the excitement!!**

**Community outreach, lasting friendships,
& performance opportunities
throughout the year!**



Class Requirements:

- Leveled Company members must be enrolled in leveled ballet and jazz or lyrical, along with any other level specific requirements. Teen Company members must be enrolled in Teen Jazz/Lyrical and one other class (ballet recommended).
- MCREW and JV members must be enrolled in the corresponding hip hop class. MCREW members are required to attend Hip Hop Bootcamp 2x per month. JV members are required to take Hip Hop Bootcamp or one additional class (What is Hip Hop Bootcamp? Find more details on p. 5!).
- All members must attend choreography workshops September 12/13 and their weekly 30 minute choreography rehearsal throughout the year.

Find out more by visiting:
Maranathadance.com/momentum

Auditions for Momentum are open to all dancers in our leveled and teen program!

Auditions for MCREW and MCREW JV are open to all dancers in our hip hop program (4th grade and up)!

Audition Workshops:

Week of September 1st (during designated rehearsal slot)

Dancers will learn a small piece of choreography that they will perform the following week at auditions. A parent is invited into the room for the last 5 minutes of workshop to record a practice video.

Auditions: September 5th (5:00-8:00pm)

Dancers will come at their group's designated time slot to present the choreography learned at workshops within small groups in front of the teachers, along with some other level appropriate skills.

Dress Code for Workshops/Auditions:

Momentum Company: Black leotard and skirt, pink tights, ballet shoes, hair in a tidy bun.

MCREW/JV: Black leotard with black leggings or sweatpants, sneakers, and hair pulled back.



ELEVATE WORKSHOPS

where commitment meets growth



ELEVATE BALLET WORKSHOPS

For our most passionate and advanced dancers, growth demands more — more time at the barre, more individualized coaching, and more space to refine artistry and technique.

The ELEVATE Ballet Workshop is a 2 hour and 45 minute, bi-weekly training experience designed specifically for Maranatha's Advanced Ballet students. This workshop is required for Advanced dancers in our leveled program and is open to those in the Intermediate/Advanced level who are serious about deepening their commitment to dance, whether on a recreational or pre-professional path.

Each session includes:

- 1 hour 30 min Ballet Technique – focused, high-level instruction to strengthen precision and control.
- 30 min Pointe or Pre-Pointe – tailored to dancer's level for safe and effective progress.
- 45 min Flex Time – rotating between contemporary, choreography, classical variations, and even discipleship and mentorship to build more than just great dancers.

This intentional space is created to elevate every dancer's potential—mentally, physically, and artistically. As the program evolves, our goal is to expand this offering the following year into a weekly commitment, laying a strong foundation for the next generation of Maranatha artists.

It's time to ELEVATE.

ELEVATE HIP HOP BOOTCAMP



For dancers ready to level up, the ELEVATE Hip Hop Bootcamp is a 1-hour bi-weekly training workshop designed to take your hip hop game to the next level. Required for MCREW members and open to any leveled Hip Hop or Level 4+ dancer, this workshop is for those eager to challenge themselves, expand their skills, and dive deeper into the roots and range of hip hop dance.

Each session brings the heat with:

- Advanced Choreography – high-energy, intricate movement that pushes creativity and control.
- Hip Hop-Specific Conditioning – drills and exercises to build strength, agility, and musicality.
- Exploration of Styles – from old school grooves to new age street styles, pop, freestyle, and more.

But ELEVATE is more than just technical training — it's a space where dancers are empowered to grow as leaders and ambassadors for His Kingdom through excellence, humility, and bold expression.

This is your time to go deeper. To get stronger. To rep your faith through fierce movement.

It's time to ELEVATE.

S.T.E.P. PROGRAM

make a difference

S.T.E.P.

STUDENT TEACHER
EDUCATION PROGRAM

MARANATHA'S Student Teacher Education Program (S.T.E.P.) is a highly distinguished in-studio education program that aims to promote the love of dance and knowledge of instructional methods to current students.

As a classroom assistant, you are guided through the dance education process using in-class training, hands-on practice, instructor mentoring, research-based activities, and self-reflective assignments that are designed to give you an opportunity to participate in the educational process of being a student teacher. The STEP program provides the stepping stones needed towards building confident, hardworking, well-informed, and eager dance educators for the future. Discipline, respect, responsibility, enthusiasm, and patience are qualities we want to see in you!

For more information or to apply for the S.T.E.P. Program, please visit:
maranathadance.com/step

Applications are open for dancers in 5th grade and up!

PRIVATE LESSONS

enhance your skills

Want to raise the “barre” on your training?

Whether you’re a highly motivated dancer looking to fine-tune specific technique, prepare for an audition, or push past personal plateaus, one-on-one instruction provides focused attention and customized guidance tailored to your individual goals. Private lessons offer the perfect setting to accelerate progress in a specific area—such as turns, flexibility, leaps, or artistry—beyond what’s possible in a group class setting.

Sessions are available in 30- or 60-minute increments and are led by instructors who are passionate about helping dancers reach their fullest potential.

Private Lesson Eligibility Requirements

To maintain the integrity of our program and ensure students are set up for success, dancers must meet the following criteria to book private lessons:

- Enrolled in the required classes within the leveled program
- Maintains excellent class attendance
- Demonstrates a strong work ethic and positive attitude in all classes
- Account must be current with no outstanding balances

If you’re ready to enhance your skills, deepen your artistry, and grow with confidence—we’d love to work with you in a private session.

Spots are limited, so reach out to reserve yours today!

For pricing or to book a lesson, please email info@maranathadance.com.



The Taking Shape™ Star Leadership class is a curriculum used in dance and youth programs internationally, empowering the next generation through structured, engaging, and collaborative sessions.

Star Leadership helps young people gain confidence, learn how to cope with stress and anxiety, produce more awareness of self and others, and put action behind values such as resilience, gratitude, and servant leadership.

Each session challenges students to think critically, offer and receive constructive feedback, practice the art of public speaking, and grow in responsibility and self-discipline.

Mentoring is at the heart of STAR Leadership!

Who can take the class?

Any Maranatha student in 8th grade or above wanting to develop their leadership skills and deepen their character is invited! The goal of the class is to create a culture of servant leadership so that our students are equipped to make a positive impact in our community and our world.

What's the commitment?

STAR Leadership meets from October to May. Students taking the class are also expected to complete weekly assignments and participate in several volunteer projects throughout the year. The cost of STAR Leadership is \$34/mo and includes weekly sessions, books & materials, and an end of year graduation. Consistent attendance, eager participation, and a positive attitude are essential for completion..

How do I register?

You can register your student through your Maranatha account portal when you register for all your other classes! The first meeting will be October 7th.



**Calling all students
in 8th grade and up!**

**Tuesdays,
3:30-4:30**

POINTE & PRE-POINTE

upper-level ballet

Dancing on pointe is such an exciting milestone for ballet dancers! Most young dancers dream about the day that they will get their first pointe shoes.

While pointe dancing is a beautiful form of dancing, it is important to recognize that pointe work puts an enormous amount of strain on the body and can even be dangerous if approached before a dancer is ready. Remember that you only have one body for the rest of your life! Correct preparation in ballet technique classes, along with a pre-pointe class and pre-pointe assessment, is essential before starting pointe work. Along with needing a recommendation from your ballet teacher, it is recommended you also be cleared by a qualified health professional (preferably one who has experience with ballet dancers).

It is very important that each dancer focuses on their own timeline, not on that of others around them. Your teacher will be able to give you a guide of how long the process will take, but the time taken to correct any weaknesses is also very dependent on the efforts of the individual. Not every dancer will benefit from dancing on pointe, and there are anatomical considerations that must be addressed when deciding whether going on pointe is favorable to your overall well-being. If dancing on pointe is not the path you choose, it does not mean the end of your dance journey! There are many advanced and professional dancers who choose not to do pointe work.

There are numerous factors that must be taken into consideration when progressing onto pointe including dancer's strength, range of motion, posture and body alignment, physical and emotional maturity, technical capacity, and attention to detail in class. Your teacher will let you know when you are ready to be assessed for pointe readiness. Dancers in Int/Adv 2 Ballet are eligible to join our pre-pointe class. Pointe is currently available to our Advanced students by teacher placement only. Dancers who are placed will need to attend an orientation with their parent so that parents and dancers are on the same page about the process. We are here to support you and guide you to success!

Happy dancing!